**Prognosis and Chiropractic Care Plan**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_

After careful evaluation and analysis of physical examination and/or x-rays, we have determined that you are in the following Phase of Care: (see reverse side of this page for definition)

**Phase I** Non-Trauma Induced

In this category, the level of care required to stabilize an individual is a schedule of chiropractic care administered over a period of up to six weeks.

**Phase I** Trauma Induced

In this category, the level of care required to stabilize an individual is a schedule of chiropractic care administered over a period of up to twelve weeks, with up to 24 visits.

**Phase II** Non-Trauma Induced

In this category, the level of care required to stabilize an individual is a schedule of

Chiropractic care administered over a period of up to twenty-six weeks, up to 36 visits.

**Phase II** Trauma Induced

In this category, the level of care required to stabilize an individual is a schedule of chiropractic care administered over a period of up to fifty-two weeks, with up to 72 visits.

**Phase III** Trauma/Non-Trauma Induced - See reverse side for definition

**Phase IV** Trauma/Non-Trauma Induced - See reverse side for definition

Both Phases III and IV require a schedule of care greater than Phase II Trauma Induced, dependent on the duration and severity of degeneration.

**Care Plan Recommendations:**

\_\_\_\_\_\_\_\_ visits at \_\_\_\_\_\_\_ visits per week for \_\_\_\_\_\_\_\_ weeks

\_\_\_\_\_\_\_\_ visits at \_\_\_\_\_\_\_\_ visits per week for \_\_\_\_\_\_\_\_ weeks

\_\_\_\_\_\_\_\_ visits at \_\_\_\_\_\_\_\_ visits per week for \_\_\_\_\_\_\_\_ weeks

\_\_\_\_\_\_\_\_ visits at \_\_\_\_\_\_\_\_ visits per month for \_\_\_\_\_\_\_ months

For a Total of \_\_\_\_\_\_\_\_ office visits

\_\_\_\_\_\_\_\_ therapies

\_\_\_\_\_\_\_\_ ReExams

Re-evaluations will be performed every twelve visits to document the course of care and assess improvement. Please keep in mind that this care plan is estimation and is subject to change due to additional injury, exacerbation of the primary condition, development of secondary conditions, etc.

Phase Definition: A phase of degeneration is produced by the level of severity of a subluxation and/or condition.

Phase – Non Trauma Induced: A condition and/or vertebral subluxation with no history of trauma within the last 24 months.

Phase – Trauma Induced: A condition and/or vertebral subluxation with a history of trauma within the last 24 months.

Four phases are defined to include some or all, but not limited to, each of its component parts, as follows:

**Phase I Phase II**

This phase is characterized by: This phase is characterized by:

Vertebral Subluxation Vertebral Subluxation

Mild soft tissue degeneration Moderate soft tissue degeneration

Mild hard tissue degeneration Moderate alterations in spinal biomechanics

Mild changed in normal contours of spine Moderate loss of passive range of motion

No hard tissue degeneration

Mild alterations in spinal biomechanics

No change of normal contours of spine

No loss of active range of motion

Mild loss of passive range of motion

No increase in the loss of strength

No debilitation present

**Phase III**

**This phase is characterized by:**

Vertebral Subluxation

Marked soft tissue degeneration

Moderate hard tissue degeneration

Marked alterations in spinal biomechanics

Marked changes in normal contours of spine

Moderate loss of active range of motion

Marked loss of passive range of motion

Moderate increase in loss of strength

Moderate debilitation present

Mild increase in loss of strength

Mild changes in normal contours

Mild loss of active range of motion

Mild debilitation present

**Phase IV**

**This phase is characterized by:**

Vertebral Subluxation

Severe soft tissue degeneration

Moderate to severe hard tissue degeneration

Severe alterations in spinal biomechanics

Severe changes in normal contours of spine

Marked loss of active range of motion

Marked loss of passive range of motion

Marked increase in loss of strength

Severe debilitation present